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A guide to maximizing the hiking experience on the North Country National Scenic Trail

**The North Country Trail**

*The Best Walks, Hikes, and Backpacking Trips on America’s Longest National Scenic Trail*

By **Ron Strickland with the North Country Trail Association**

**Paper:** 978-0-472-05184-7 / $22.95 • Also available as an **eBook**

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The North Country Trail is the longest of America’s eleven congressionally designated National Scenic Trails. Winding through seven states—New York, Pennsylvania, Ohio, Michigan, Wisconsin, Minnesota, and North Dakota—the NCT’s 4,600 miles attract more than one million visitors annually. Featuring everything from urban strolls to backcountry adventure through mountains, rivers, prairies, and shoreline, the trail crosses a region rich in cultural history and striking in natural beauty. *The North Country Trail* promises to be the definitive guide for NCT hikers—whether first-timers, seasoned backpackers, or any level in between—who wish to maximize their experience on this splendid trail.

In addition to a full overview of the trail’s tread in each state, the guide describes in detail forty of the NCT’s premier segments and provides helpful information, including:

* Easy-to-read trail descriptions
* Physical and navigation difficulties
* Trail highlights
* Hiking tips
* Precise maps incorporating the latest GPS technology

*The North Country Trail* is the creation of the North Country Trail Association, the all-volunteer organization charged with developing, maintaining, and promoting the North Country Trail in partnership with the National Park Service. The segments included in the book were selected as the best of the trail by the people who know it best—the members of the regional chapters of the NCTA—and each segment was hiked by the author of the guidebook, noted trail developer, author, and conservationist Ron Strickland.

**Ron Strickland** is one of only two living founders of National Scenic Trails. He is the author of seven books, including a memoir, *Pathfinder: Blazing a New Wilderness Trail in Modern America,* and *The Pacific Northwest Trail Guide: The Official Guidebook for Long Distance and Day Hikers*. He wrote *The North Country Trail* in collaboration with the **North Country Trail Association** ([www.northcountrytrail.org](http://www.northcountrytrail.org/)).

To arrange an interview with Bruce Matthews, Executive Director of the North Country Trail Association, or to request a review copy, please contact Emily Westlake (below).

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**Press contact:**

Emily Westlake, Marketing Manager

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734-615-6477 / ewestlak@umich.edu