The North Country Trail — 4600 miles stretch across seven states, all made possible by the hard work of more than 8,000 volunteers each year. This is the Great Lakes, the Northwoods, the path of wilderness — a footprint linking communities from New York to North Dakota.

While only a few have taken on the whole trail in one shot, thousands find their way onto a section of the NCT each year. Spring, summer, fall or winter, the vast geographic expanse the Trail follows offers something for everyone year-round. Whether it's winter camping and snowshoeing, long-distance trail running, or a quiet weekend with the grandkids, you can find what you're looking for on the North Country Trail. This trail can be rugged and wondrous, remote and festive. It's all right there for you to choose your own adventure.

Opportunities for a day, week, month or more abound on the Trail. And for many of us, this starts near our own backyard, in our local community or in our home state.

Connect with us at northcountrytrail.org