

## Tables

2.1. Distribution of Infant and Maternity Health Services Available to the African Population by Type of Health Facility in Tanganyika	30
3.1. Selected Measures of Maternal Mortality by Region and Subregion	40
3.2. Maternal Mortality Ratios for Selected African Countries	41
3.3. Maternal Mortality Ratios for Selected Latin American, Caribbean, and Asian Countries	42
3.4. Maternal Mortality Ratios for Selected North American, European, and Oceanian Countries	43
6.1. Shinyanga Region Health Profile	93
6.2. Health Facilities in the Shinyanga Region	93
6.3. Comparison of Clinic Births and Registered Births before Arrival at Ten Government MCH Clinics in One District of the Shinyanga Region	95
6.4. Comparison of Hospital Births and Registered Births before Arrival at the Shinyanga Regional and Kolondoto Mission Hospitals in 1992	95
6.5. Cesarean Sections Performed at the Shinyanga Regional and Kolondoto Mission Hospitals in 1992	96
6.6. Distribution of Age and Education of Survey Respondents	101
6.7. Selected Descriptive Characteristics for the Subsets of Older and Younger Women	102

6.8. Selected Descriptive Characteristics of Women according to Age Category and Years of Formal Education	105
7.1. Level of Prior Experience Attending Births among Women Participating in Training Seminars for Traditional Birth Attendants	113
7.2. Categories of Taboos Elicited by the Survey Question “Is There Anything That Women Are Forbidden to Do or Eat during Pregnancy?”	117
8.1. How Women Learned about Menarche and Its Connection to Their Reproductive Cycle	131
8.2. Responses to the Survey Question “How Many Children Would You Like to Have?” for the Subset of Younger Women by Years of Formal Education	145
8.3. Responses to the Survey Question “Why Don’t You Want Any More Children?” for the Subset of Younger Women by Years of Formal Education	146
9.1. Responses to the Survey Question “During Your Pregnancies, Do You Experience Any Emotional or Behavioral Changes?” for the Subsets of Older and Younger Women	155
9.2. Categories Elicited When Women Were Asked What Kind of Prenatal Medicine They Received at the Prenatal Clinic	161
9.3. Responses to the Survey Question “Do You Attend the Prenatal Clinic When You Are Pregnant?” among the Subset of Younger Women by Years of Formal Education	162
9.4. Responses to the Survey Question “During Which Month of Your Pregnancy Do You Usually Begin Attending the Prenatal Clinic?” for the Subset of Younger Women by Years of Formal Education	163
9.5. List of Conditions for which Pregnant Women Were Referred Out of the Government Clinic in Bulangwa	168

9.6. Responses to the Survey Question “Why Did You Use Herbal Medicines during Pregnancy?” for the Subsets of Older and Younger Women	173
9.7. Responses to the Survey Question “Why Do Pregnancies ‘Turn to the Back?’” for the Subsets of Older and Younger Women	181
11.1. Responses to the Survey Question “What Will Happen If You Are Not Given a Hot Sponge Bath after Giving Birth?” for the Subsets of Older and Younger Women	219
11.2. Responses to Survey Question “Have Any of Your Relatives Died because of a Pregnancy or after Giving Birth?” for the Subsets of Older and Younger Women	220
11.3. Responses to the Survey Question “What Was the Cause of Her Death?” for the Subsets of Older and Younger Women Who Stated They Had a Relative Who Had Died from a Pregnancy or Birth-Related Cause	221