Contents

Preface vii
Dedication xi
Acknowledgments xiii
About the Author xv

FOLK

Why Be Jewish? 3
Grant Honor Unto Thy People 15
The Everlasting Covenant 26
We Are All Israelis Now 32
The Miracle of Dialogue 41
The Pursuit of Happiness 49
The New Narcissism 55

FAITH

The Missing Piece 67
When Life Is Not Fair 78
Conquering Our Fears 86
Taking Control of Your Life 93
Promises 101

FAMILY

The Jewish Family 117
On Attaining Maturity 122
Contents

Love: A Jewish Definition 131
How to Be a Mentsch 139

FREEDOM

A New Contract 147
Keepers of the Dream 156

FORGIVENESS

Guilt: Guardian of Our Goodness 167
The Sin of Words 177
Forgiveness 187

FUTURE

Is the Best Yet to Be? 201
The Challenge of Freedom 210
Remembering the Future 221