

# Contents

To the Teacher: How to Use This Book	vii
1. What Does It Mean to Be Depressed?	1
Imagining with Images	1
Before You Begin	2
What Vocabulary Do You Already Know?	2
What Do You Already Know about This Topic?	3
Previewing the Case Study	5
What You Need to Know	5
Vocabulary Check	7
Case Study	8
Understanding the Case Study	10
Caring for Someone Who Is Depressed	11
Increasing Your Understanding	12
Group Work	12
Discussion—What Should Isilma Do?	13
Learning More about the Topic	14
Learning More from an Expert: Video	16
Writing	17
Projects	19
Project #1—Role Play	20
Project #2—Make a Song or Music Video	22
Project #3—Interview	23
Project #4—Depression at Different Ages	24
Reflection	25
Moving On	26
Your Health Care Dictionary	27

2. What Is the Difference between Alcoholism and Alcohol Abuse?	31
Imagining with Images	31
Before You Begin	32
What Vocabulary Do You Already Know?	32
What Do You Already Know about This Topic?	32
Previewing the Case Study	34
What You Need to Know	34
Vocabulary Check	35
Case Study	36
Understanding the Case Study	39
Caring for Someone Who Drinks a Lot	41
Increasing Your Understanding	43
Group Work	43
Discussion—What Should Amy Do?	43
Learning More about the Topic	44
Learning More from an Expert: Video	45
Writing	46
Projects	48
Project #1—What Is It Like for the Child? Akira’s Perspective	49
Project #2—What Help Is Available in Your Area?	50
Project #3—The Rest of the Story	51
Project #4—How Can You Tell If Someone Is an Alcoholic?	52
Reflection	53
Moving On	54
Your Health Care Dictionary	55

3. Is It the Aging Process or Alzheimer’s Disease?	57
Imagining with Images	57
Before You Begin	58
What Vocabulary Do You Already Know?	58
What Do You Already Know about This Topic?	58
Previewing the Case Study	60
What You Need to Know	60
Vocabulary Check	61
Case Study	63
Understanding the Case Study	65
Caring for Someone Who Has Alzheimer’s	66
Increasing Your Understanding	68
Group Work	68
Discussion—What Should Sam and Bob Do?	69
Learning More about the Topic	69
Learning More from an Expert: Video	70
Writing	71
Projects	73
Project #1—Caregiver’s Brochure	74
Project #2—What’s the Latest News?	76
Project #3—Advice for Caregivers	77
Project #4—Acting It Out	78
Reflection	79
Moving On	80
Your Health Care Dictionary	81

4. When Is It Time to Let Go?	85
Imagining with Images	85
Before You Begin	86
What Vocabulary Do You Already Know?	86
What Do You Already Know about This Topic?	86
Previewing the Case Study	89
What You Need to Know	89
Vocabulary Check	90
Case Study	92
Understanding the Case Study	96
Caring for Someone Who Is Going to Die	97
Increasing Your Understanding	98
Group Work	98
Discussion—What Should Natasha Do?	99
Learning More about the Topic	100
Learning More from an Expert: Video	101
Writing	101
Projects	103
Project #1—Information and Support through the Dying Process	104
Project #2—Ending with Hospice	105
Project #3—Write a Poem, Song, or Letter to Someone Who Is Dying	106
Project #4—What Can I Say?	107
Reflection	108
Moving On	109
Your Health Care Dictionary	110
Appendix: Evaluation Checklists	113
Sources	117