Contents

To the Student xi
To the Teacher xiii

UNIT 1: Street Performers 1

Chapter 1: The Zip Code Man 2
   Getting Ready to Read 2
   Vocabulary Preview 2
   Reading Skill: Previewing 4
   Reading: “The Zip Code Man” 5
   Reading Comprehension 6
   Discuss Your Ideas 7
   Vocabulary Comprehension 8
   Vocabulary Use 10

Chapter 2: Walking in the Air 11
   Getting Ready to Read 11
   Vocabulary Preview 12
   Reading Skill: Scanning for Details 13
   Reading: “Walking in the Air: The Story of Philippe Petit” 14
   Reading Comprehension 15
   Discuss Your Ideas 16
   Vocabulary Comprehension 17
   Vocabulary Use 19

Vocabulary Skill: Keeping a Vocabulary Journal 20
Timed Reading: “The Hip Hop Phenomenon” 21

UNIT 2: Traveling on Foot 23

Chapter 3: Fat Man Walking 24
   Getting Ready to Read 24
   Vocabulary Preview 24
   Reading Skill: Skimming for the Main Idea 26
Contents

Chapter 4: Travelogues
Getting Ready to Read 34
Vocabulary Preview 34
Reading Skill: Understanding Metaphors and Similes 36
Reading: Excerpts from The Camino: A Journey of the Spirit by Shirley MacLaine 37
Reading Comprehension 39
Discuss Your Ideas 41
Vocabulary Comprehension 42
Vocabulary Use 43

Vocabulary Skill: Understanding Word Forms 45
Timed Reading: “The Triple Crown of Hiking” 47

UNIT 3: The Ends of the Earth 49
Chapter 5: My Bookworm Blog
Getting Ready to Read 50
Vocabulary Preview 51
Reading Skill: Deciding When to Use a Dictionary 52
Reading: A Review of Into the Wild by Jon Krakauer 55
Reading Comprehension 57
Discuss Your Ideas 58
Vocabulary Comprehension 59
Vocabulary Use 61

Chapter 6: Saving Antarctica 62
Getting Reading to Read 62
Vocabulary Preview 63
Reading Skill: Parts of a Dictionary Entry 64
Skimming Practice 66
Reading: “Shirley Metz: The First Woman to Ski to the South Pole” 67
Reading Comprehension 68
Discuss Your Ideas 70
Vocabulary Comprehension 71
Vocabulary Use 73

Vocabulary Skill: Four Techniques for Understanding the Meanings of Words in Context 74
Timed Reading: “Alaska and Hawaii” 77

UNIT 4: Unusual Jobs 79

Chapter 7: Life Coaches 80
  Getting Ready to Read 80
  Vocabulary Preview 81
  Reading Skill: Asking Questions as You Read 82
  Reading: “Life Coaches” 83
  Reading Comprehension 84
  Discuss Your Ideas 85
  Vocabulary Comprehension 86
  Vocabulary Use 88

Chapter 8: Skywriters 89
  Getting Ready to Read 89
  Vocabulary Preview 90
  Reading Skill: Thinking as You Read: Making Connections to Experience 91
  Skimming Practice 92
  Reading: “The Story of Skywriters” 93
  Reading Comprehension 94
  Discuss Your Ideas 95
  Vocabulary Comprehension 96
  Vocabulary Use 98

Vocabulary Skill: Learning Suffixes 99
Timed Reading: “Training Wild Animals” 101
## Contents

### UNIT 5: Towns with a Purpose

#### Chapter 9: Gilroy, California
- Getting Ready to Read 104
- Vocabulary Preview 105
- Reading Skill: Making Predictions as You Read 106
- Skimming Practice 107
- Reading: “The Garlic Capital of the World” 108
- Reading Comprehension 109
- Discuss Your Ideas 110
- Vocabulary Comprehension 111
- Vocabulary Use 113

#### Chapter 10: Loveland, Colorado
- Getting Ready to Read 114
- Vocabulary Preview 115
- Reading Skill: Understanding Compound Sentences with Coordinating Conjunctions 116
- Reading: “Sent with Love from Loveland, Colorado” 118
- Reading Comprehension 119
- Discuss Your Ideas 121
- Vocabulary Comprehension 122
- Vocabulary Use 123

**Vocabulary Skill: Recognizing Compound Nouns**

#### Timed Reading: “The Most Remote Music Festival in the World” 126

### UNIT 6: Americana

#### Chapter 11: Spelling Bees
- Getting Ready to Read 130
- Vocabulary Preview 131
- Reading Skill: Making Inferences 132
- Scanning Practice 133
- Reading: “Spelling Bees” 134
- Reading Comprehension 135
- Discuss Your Ideas 136
- Vocabulary Comprehension 137
- Vocabulary Use 139
Chapter 12: Teddy Bear Mania

Getting Ready to Read 140
Vocabulary Preview 140
Reading Skill: Understanding Pronoun Reference 142
Reading: “Build-A-Bear Workshop” 143
Reading Comprehension 144
Discuss Your Ideas 146
Vocabulary Comprehension 147
Vocabulary Use 148

Vocabulary Skill: Learning Prefixes 149
Timed Reading: “America and Apple Pie” 151

UNIT 7: Car Racing

Chapter 13: Online Instructions 154

Getting Ready to Read 154
Vocabulary Preview 155
Reading Skill: Distinguishing Fact from Opinion 156
Reading: “How to Make Your Own Race Car” 157
Reading Comprehension 159
Discuss Your Ideas 160
Vocabulary Comprehension 161
Vocabulary Use 162

Chapter 14: NASCAR 164

Getting Reading to Read 164
Vocabulary Preview 165
Reading Skill: Recognizing Transition Words 166
Scanning Practice 167
Reading: “The National Association for Stock Car Racing” 168
Reading Comprehension 169
Discuss Your Ideas 171
Vocabulary Comprehension 172
Vocabulary Use 174

Vocabulary Skill: Recognizing Word Roots 175
Timed Reading: “A NASCAR Great: Dale Earnhardt” 177
UNIT 8: A Passion for Nature

Chapter 15: Robert Wyland, Ocean Artist

   Getting Ready to Read 180
   Vocabulary Preview 181
   Reading Skill: Understanding Cause and Effect 182
   Scanning Practice 183
   Reading: “Saving the Whales, One Wall at a Time” 184
   Reading Comprehension 186
   Discuss Your Ideas 187
   Vocabulary Comprehension 188
   Vocabulary Use 190

Chapter 16: Saving Luna

   Getting Ready to Read 192
   Vocabulary Preview 193
   Reading Skill: Distinguishing Facts, Opinions, and Unknowns 194
   Reading: “Julia Butterfly Hill” 196
   Reading Comprehension 198
   Discuss Your Ideas 199
   Vocabulary Comprehension 200
   Vocabulary Use 202

Vocabulary Skill: Using Word Roots and Affixes to Understand the Meanings of Words in Context 203

Timed Reading: “Deep Sea Creatures” 206

Appendixes

   1. Questions for Timed Reading 209
   2. Increasing Reading Speed 217
      Timed Reading 217
      Paced Reading 218
   3. Targeted Vocabulary Words 221