# Contents

## 1. Introduction to Journal Writing  
Preview Questions 1  
Definitions and Purposes of Journal Writing 4  
Who Writes Journals? 9  
Types of Journals 11  
Recurring Issues: Decision Making within Specific Contexts for Journal Writing 26  
Getting Started: Choices in Journal Writing 27  
Teachers Writing with Students 32  
Questions for Discussion and Reflection 33  
Activities 33

## 2. Journal Writing with Low-Proficiency Learners  
Preview Questions 34  
Rationale 34  
Some Examples 36  
Discussion of Issues 43  
Making Decisions 50  
Procedures 51  
Summary of Main Points 55  
Questions for Discussion and Reflection 56  
Activities 57

## 3. Journal Writing with Intermediate-Proficiency Learners  
Preview Questions 59  
Rationale 59  
Some Examples 61  
Discussion of Issues 79  
Making Decisions 88  
Procedures 90  
Summary of Main Points 92  
Questions for Discussion and Reflection 93  
Activities 94
## Contents

**4. Journal Writing with Advanced-Proficiency Learners** 95  
- Preview Questions 95  
- Rationale 95  
- Some Examples 98  
- Discussion of Issues 116  
- Making Decisions 123  
- Procedures 124  
- Summary of Main Points 126  
- Questions for Discussion and Reflection 127  
- Activities 128

**5. Journal Writing in Language Teacher Development** 130  
- Preview Questions 130  
- Rationale 130  
- Some Examples 134  
- Discussion of Issues 154  
- Decisions and Procedures 162  
- Summary of Main Points 164  
- Questions for Discussion and Reflection 165  
- Activities 167

**6. Journal Writing for Research Purposes** 169  
- Preview Questions 169  
- Rationale 169  
- Some Examples 177  
- Discussion of Issues 187  
- Decisions and Procedures 192  
- Summary of Main Points 195  
- Questions for Discussion and Reflection 195  
- Activities 196
7. **Difficult Issues with a Wonderful Practice**  
   Preview Questions 198  
   General Unease 199  
   Overuse of the Genre 204  
   The Fatigue Factor 205  
   Ethical Dilemmas 207  
   Gender Issues 212  
   Closing Thoughts 217  
   Questions for Discussion and Reflection 219

**Appendix**  
References 227  
Other Resources 244  
Subject Index 250  
Author Index 254