The Official MET Practice Test Book with Answers contains four full versions of the test. These practice materials will give you an idea of what the test is like as you prepare to take the actual exam. In addition, the book includes the accompanying answer keys and audioscripts for each of the four practice tests, as well as a Progress Tracking Log and selected vocabulary lists from the practice tests, so it is ideally suited to self-study. We suggest planning to take all four practice tests and scheduling plenty of time in between each test for additional study and review. Taking the practice test multiple times will increase your confidence and help you decide where to focus your additional study efforts based on your individual results.

These practice tests are approved by Michigan Language Assessment; they are meant to be used along with or at the conclusion of a regular course of English study or review as you prepare yourself for the MET. Practice tests are only one component of an effective test-preparation program and must be administered in accordance with the guidelines provided to be most useful. With continued study, including test practice and carefully scheduled targeted follow-up study and review, you can expect to improve your chances of performing well on the MET. Please note, however, that obtaining a high score on any of these practice tests does not guarantee a high score on the actual exam.

This book of practice tests provides an opportunity to simulate an actual MET, including both the multiple choice Listening and Reading sections and the optional Writing and Speaking tests. All the test items have been developed by Michigan Language Assessment and correspond in content, form, length, and difficulty to an official test. There are some minor differences in the way the test is presented in this practice test book compared to the test booklet; however, none of these differences should affect a test-taker’s performance on the test. In addition, for the Listening section, there are some minor differences in the audio instructions provided; a student or teacher may choose to pause the audio recording between the different parts of the Listening test, whereas on the actual test, there is no pause between each part.

For the Writing and Speaking tests, the book is both a preparation aid as well as an opportunity to practice the writing and speaking tasks under timed conditions. Each practice test in this book has a corresponding set of writing prompts that have been specifically selected to go with a specific practice test.

There are four sets of Speaking prompts in a separate section of this book. These prompts are not necessarily paired with a specific practice test because during the actual administration of the speaking test, the examiner can choose from several available speaking prompts. A range of possible similar prompts is included in this book.