

How to Use This Book

The Official MET Go! Practice Test Book includes:

- 4 complete practice tests (Listening, Reading, and Writing)
- 4 sets of practice Speaking Test prompts
- information on accessing the audio (MP3) files for each Listening test (www.press.umich.edu/elt/compsite/metgo)
- a progress tracking log for recording practice test scores
- actual test instructions and a sample answer sheet

Suggested Practice Strategies

Scheduling of Practice Tests and Review

Each practice test should be taken under the same conditions by following the exam administration procedures as directed by your teacher. Once your exam has been scored, you and your teacher should schedule time for additional study and review according to the specific results of each practice test. The more time you have between practice tests and the more review time you can plan for, the better your chances for improvement will be. Memorization of specific test questions is not recommended, and familiarization with the topics, format, and timing of the test—while helpful—is not sufficient as a test-preparation strategy without additional study.

Listening and Reading: Review Your Mistakes

- Whenever you take a practice test, go over your results with your teacher. Study all your incorrect answers and make sure you understand the correct answer. Your errors will help you know what you still need to study.
- If you guessed at an answer and got it right, review those items to confirm your guesses.

- Track your scores using the Progress Tracking Log. Record key vocabulary and other things you want to remember to do on the next practice test or the actual test. For example, you may want to note listening or reading items missed or vocabulary or grammatical structures that you were unsure of and organize them in a way that helps you review them.

Writing and Speaking: Get Expert Help

- For the Writing and Speaking tests, make sure to have your teacher, tutor, or an expert English user review your responses and give you recommendations and suggestions for improvement. Although it will not be possible to accurately score your Writing or Speaking practice tests, a summary of the scoring criteria is available online (www.michiganassessment.org), and your teacher can help you understand how your responses compare to the sample responses and scoring criteria.
- Set specific goals for additional speaking and writing practice based on this feedback.
- List vocabulary, notes, or topics you want to remember to help to prepare you for the next practice test or actual test.

Practice Good Test-Taking Strategies

- Learn how to eliminate wrong answers and narrow down your choices for multiple choice questions.
- Practice taking notes while listening to the audio passages.
- Practice reading and answering questions within a time limit by using a stopwatch.

Preparing for the Practice Test and for Test Day

It is important to prepare for the practice test as you would for the actual test. The Listening, Reading, and Writing sections will be given at the same time in one sitting. The 10-minute practice Speaking test is given separately on the same day or within a few days before or after the written test.

When you take a practice test, mark your answer to each question directly in the book. The sample answer sheet in the back of the book is provided so you can see what it looks like before taking the test. The instructions that you will see on the test are also included with the sample answer sheet. Before your official test date, read over these general test instructions and make sure you understand the answer sheet so you are able to complete it correctly on the day of the test.